

SHOTS AND MEDICATIONS

All travelers should visit either their personal physician or a travel health clinic 4-8 weeks before departure.

Vaccinations:

“Recommended for all travelers”

Hepatitis A

Hepatitis B

Typhoid

Yellow Fever

Tetanus

diphtheria

Polio

“Revaccination recommended every 10 years”

Measles, Mumps, Rubella (MMR)

“Two doses recommended for all travelers born after 1956, if not previously given”

Medications:

“Recommended for all travelers”

Malaria tablets, speak with your doctor about medication and start taking them one-to-two weeks before your trip.

